# Neurobiology of Drug Abuse and Addiction

## **PSYC 450**

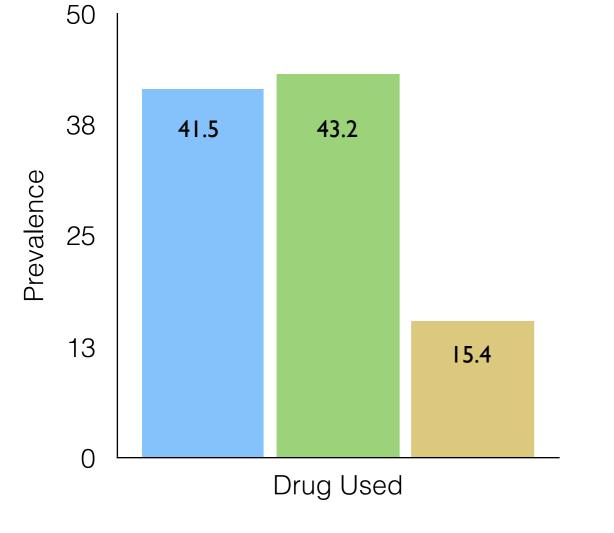


## Illicit drug use, lifetime and past year, in Canada

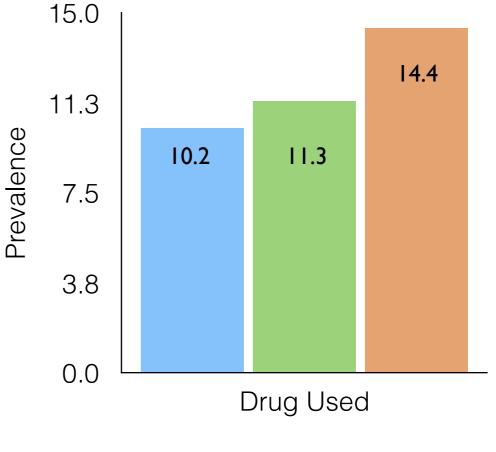
(CADUMS 2012)

- Canabis only
- Any drug Any of 5 drugs (without canabis)

- Canabis only
  Any drug
  (Dialays a loss holes of a loss)
- (Risky alcohol use; past 7 days)

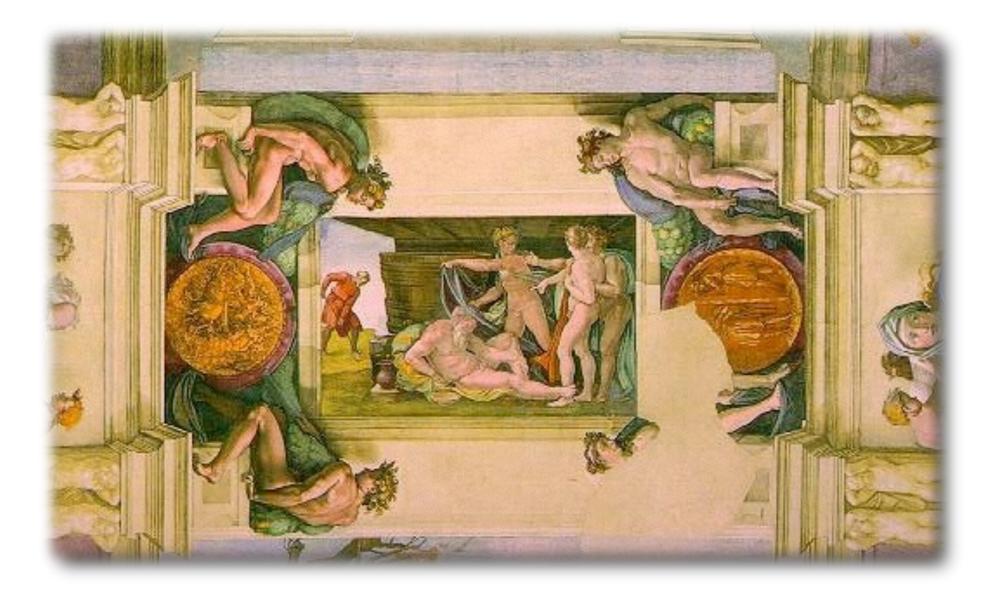


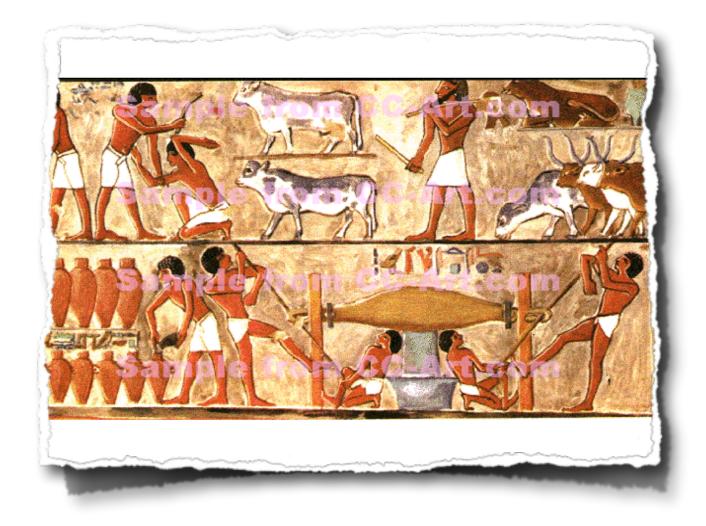
Lifetime



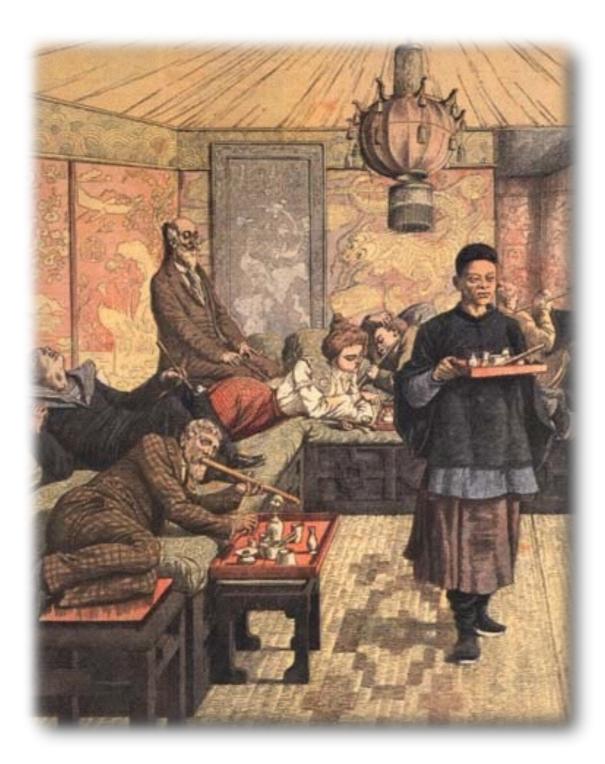
Past year









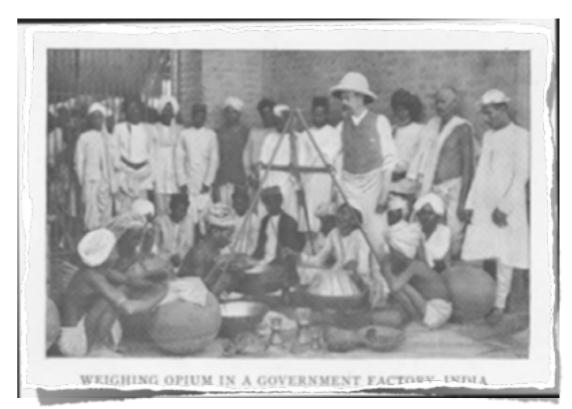








 Opium and laudanum were used for recreation and pain relief in the 18th and 19h centuries





Mrs Winslow's Soothing Syrup (w/ Morphine)





• Chemical and technical advancement allowed wide spread use of morphine and heroin



 Cocaine was used to treat fatigue and a large variety of ailments



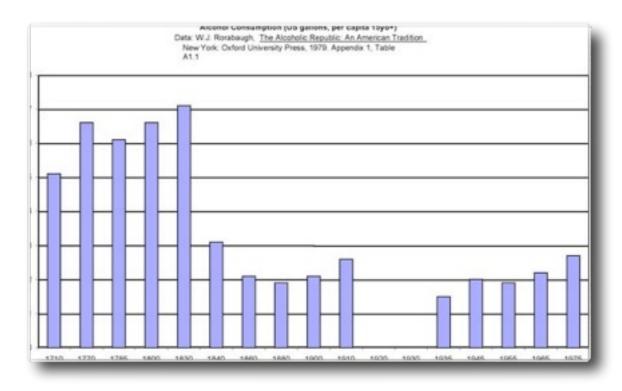
### 1906 - Pure food and Drug Act



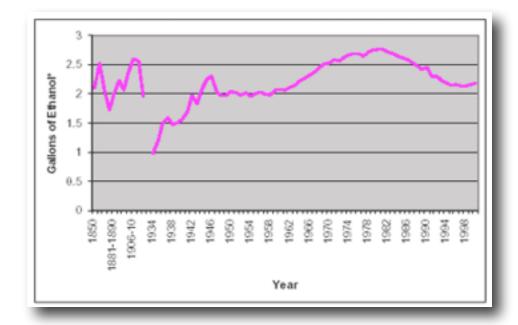
#### 1914 – Harrison Act

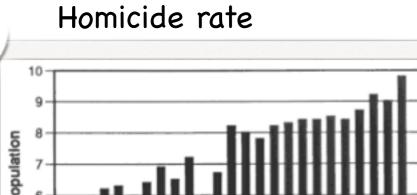


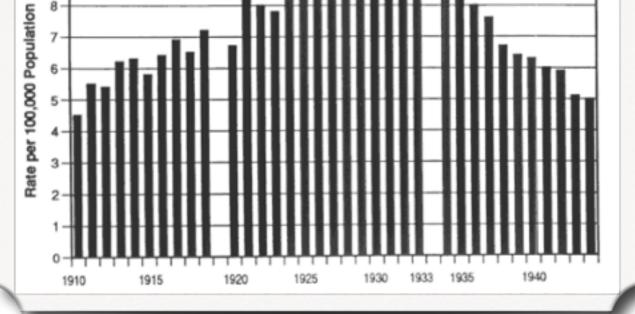
#### 1920 (to 1933) – 18th Constitutional Amendment (Alcohol prohibition)



#### Consumption per capita







#### 1937 – Marijuana Tax Act

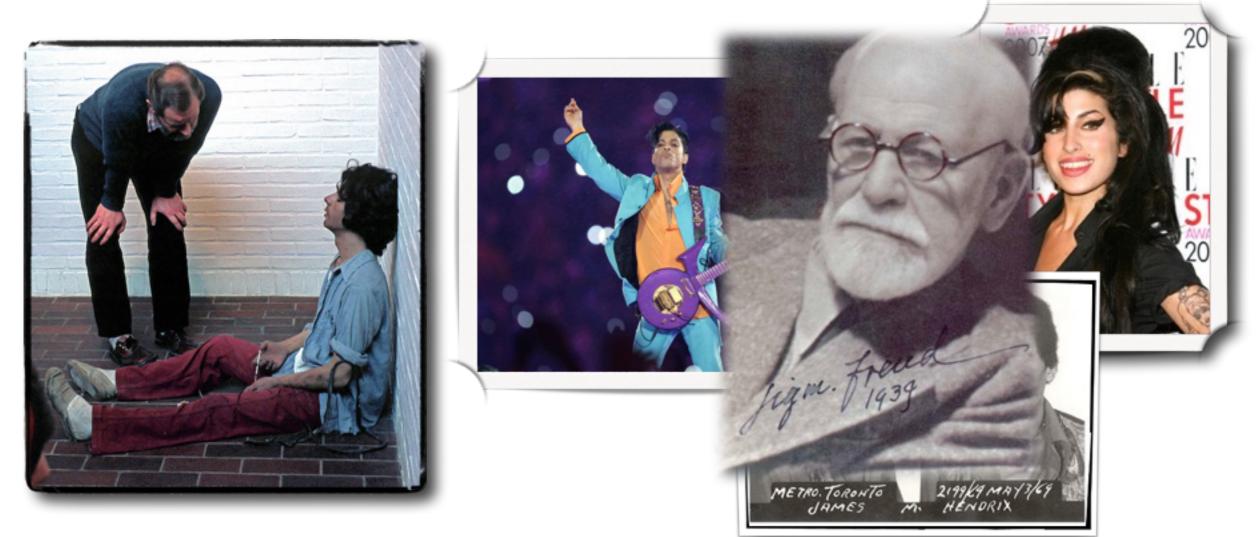
### 1970 – Controlled Substance Act







## What is Addiction?



"Certain individuals use certain substances in certain ways thought at certain times to be unacceptable by certain other individuals for reasons both certain and uncertain."

Burglass & Shaffer, 1984

## Tolerance

Diminished response to drug administration following repeated exposure

- Reversible when drug use stops
- Dependent on dose, frequency, and drug-taking context
- Tolerance can develop to different effects of a drug at different rates and disappear at different rates. Some effects may never develop any tolerance

## Tolerance: mechanisms

- Metabolic (dispositional) Tolerance: Changes in the body's ability to metabolize the drug (enzyme induction)
- Physiological (pharmacodynamic) Tolerance: Changes in the cellular function compensate for the repeated presence of the drug
- Behavioural (conditioned) tolerance: tolerance that arises for learning or conditioning mechanisms

## Sensitization

The effects of a drug increase when administered repeatedly

- Development is dose and frequency dependent
- There is cross-sensitization between drug (like cocaine & amphetamine) and environmental events (stress)
- Persists for a very long time (for ever?)

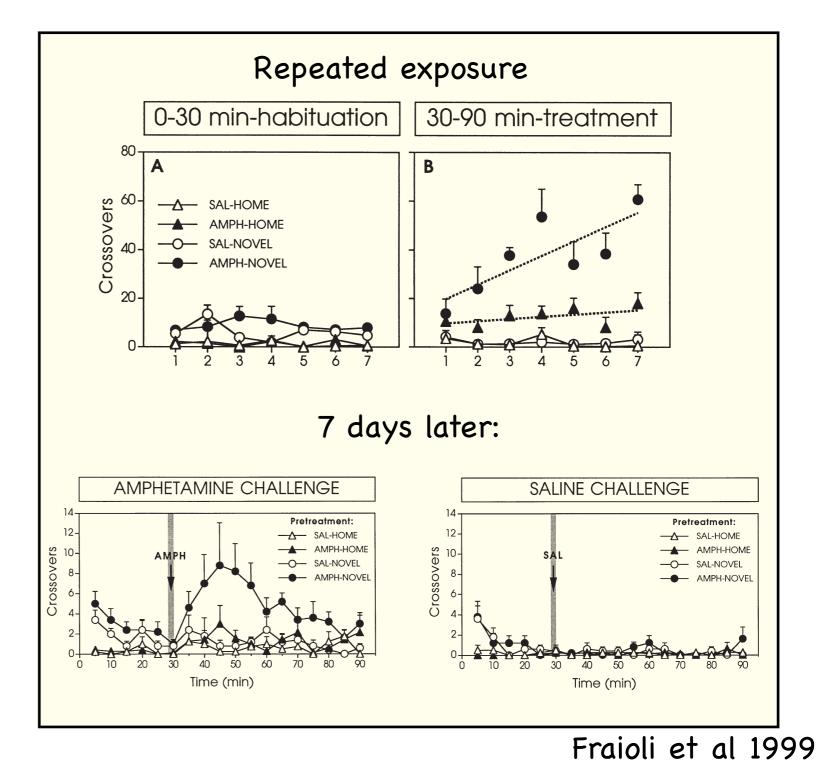
## Sensitization: mechanisms

- Physiological adaptations (cellular and molecular)
- Conditioned effects

## Sensitization

Effects of repeated administration of amphetamine on locomotor activity in rats

- 0.375 mg/kg (i.v.) amphetamine
- 7 days repeated exposure to AMPH or saline, followed by 7 undisturbed days



## Withdrawal Symptoms

Physiological changes that occur when the drug use is stopped or the dose decreased

- Different drugs produce different withdrawal symptoms
- Some drugs cause severe withdrawal when use stops (heroin, alcohol), while abstinence from other drugs results in very mild symptoms or none at all (marijuana)

## What is Addiction?

#### DSM-V "Opioid Use Disorder" Criteria

A problematic pattern of opioid use leading to clinically significant impairment or distress, as manifested by at least two of the following, occurring within a 12-month period:

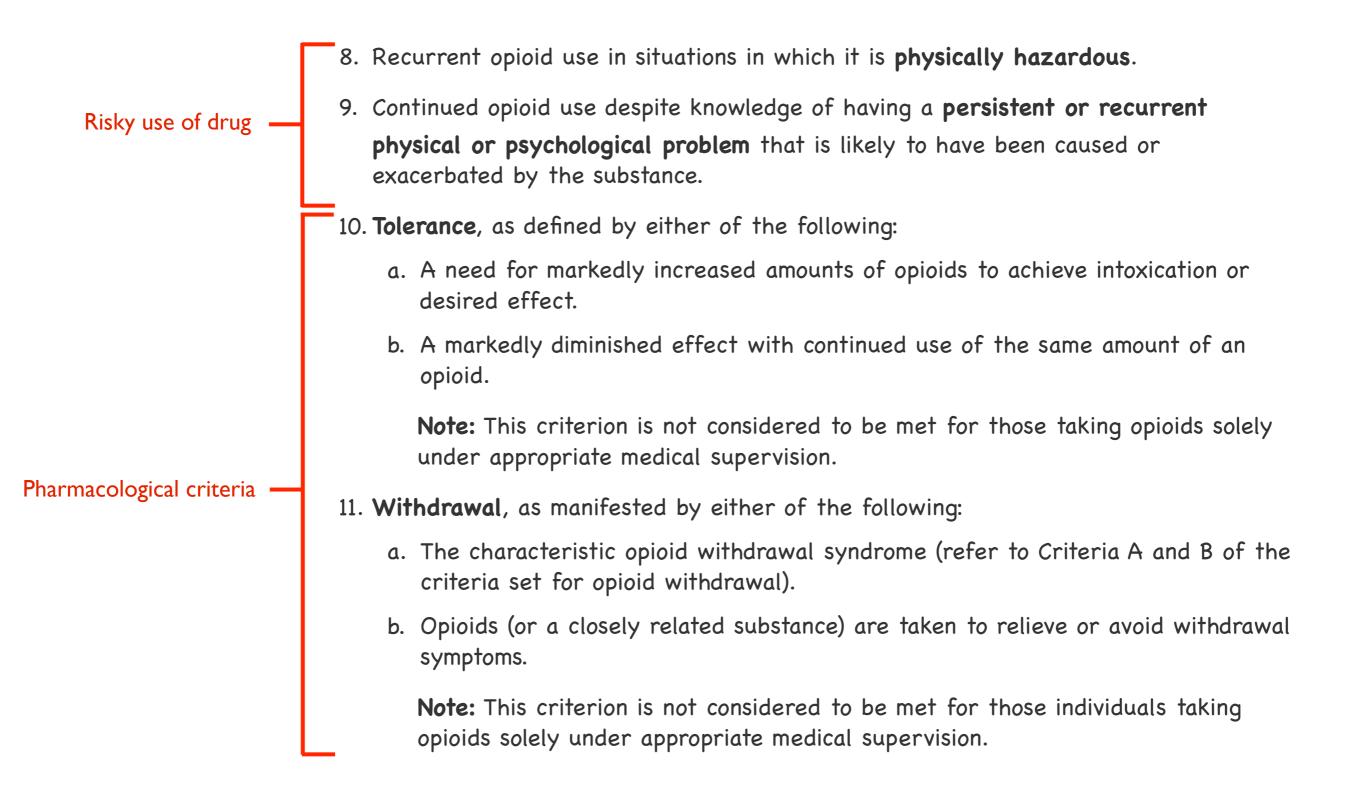
1. Opioids are often taken in larger amounts or over a longer period than was intended.

#### Impaired control

- 2. There is a persistent desire or unsuccessful efforts to cut down or control opioid use.
  3. A great deal of time is spent in activities necessary to obtain the opioid, use the opioid, or recover from its effects.
  - 4. Craving, or a strong desire or urge to use opioids.
  - 5. Recurrent opioid use resulting in a failure to fulfill major role obligations at work, school, or home.

- Social impairment 6. Continued opioid use despite having **persistent or recurrent social or interpersonal problems** caused or exacerbated by the effects of opioids.
  - 7. Important social, occupational, or recreational activities are given up or reduced because of opioid use.

#### DSM-V "Opioid Use Disorder" Criteria (cont'd)



## The most addictive substances (?)

### Schedule of controlled substances:

- I. No accepted medical use and high abuse potential (heroin, LSD, Marijuana, MDMA)
- II. High abuse potential with severe psychic or physical dependence liability [opium, codeine, cocaine, amphetamine, methylphenidate (Ritalin), phencyclidine (PCP)]
- III. Less abuse potential than substances in I & II, including compounds containing limited amounts certain narcotic and non-narcotic drugs (barbiturates other than listed in another schedule, ketamine, products with low doses of hydrocodone-Vicodin)
- IV. Abuse potential less than Schedule III (Valium, Xanax, phenobarbital)
- V. Less abuse potential than those in Schedule IV, including preparations containing limited amounts of narcotics (generally cough suppressants and antidiarrheal drugs: Robitussin, Parepectolin)

# Note that alcohol and nicotine are not controlled substances!

## The most addictive substances (?)

Relationship between route of administration and addiction potential

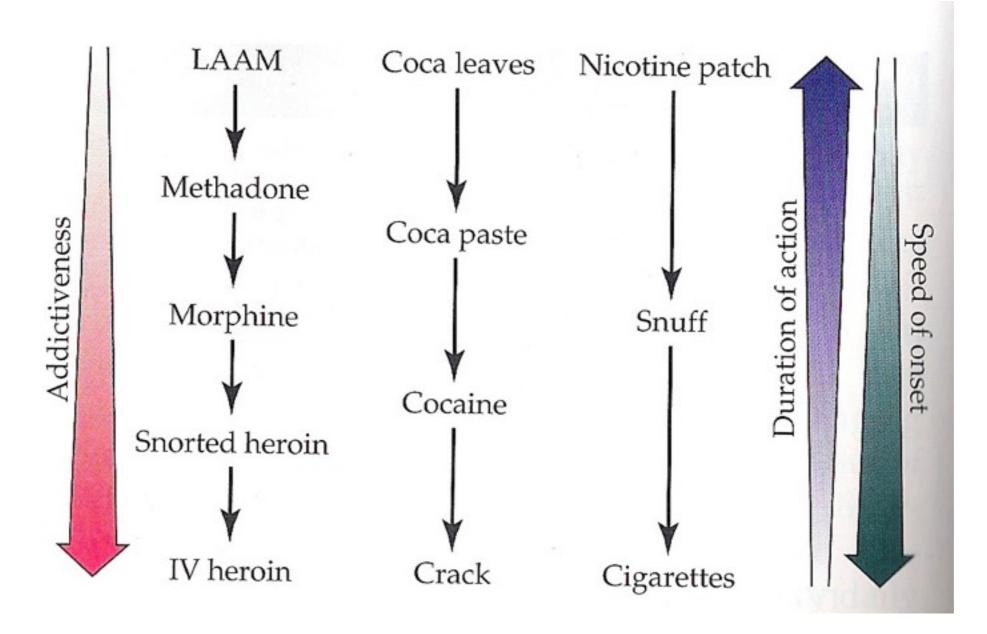


Figure 9.6 Meyer & Quenzer 2ed ed.